

Rubina Mumtaz

Assistant Professor,

DOJ-01/04/2024,

M.Sc. Nursing

Faculty of Nursing, Integral University,

Lucknow, Uttar Pradesh 226020

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Professional Summary

A dedicated academician and specialized nursing professional with an M.Sc. in Psychiatric Nursing, serving as an Assistant Professor at Integral University. Experienced in delivering advanced clinical education to nursing students, supervising psychiatric and clinical postings, and managing critical departmental roles. Demonstrated institutional leadership through key responsibilities, including managing examination infrastructure and serving as a NAAC Accreditation Coordinator. Committed to advancing the standards of nursing education, psychiatric healthcare research, and institutional quality compliance.

Education

Master of Science (M.Sc. Nursing) in Psychiatric Nursing

Baba Farid University, Faridkot, Punjab

2021 – 2023 | First Division with Honors

- **Dissertation:** Assess The Impact of Health Education Program on Holistic Well-Being and Awareness Regarding Substance Abuse.

Bachelor of Science in Nursing

Dr. Ram Manohar Lohia Avadh University, Faizabad, Uttar Pradesh

2011 – 2016 | First Division with Honors

Professional Experience

Lecturer – Faculty of Nursing

Integral University, Lucknow, Uttar Pradesh

April- 2024 – Present

- Delivering advanced lectures on Psychiatric Nursing, Mental Health Sciences, and core nursing foundations to undergraduate and postgraduate students.
- Supervising clinical postings and practical training in mental health facilities, guiding students in psychiatric case formulations, MSEs (Mental Status Examinations), and therapeutic interventions.
- Facilitating student engagement through modern teaching methodologies, interactive case studies, and comprehensive evidence-based clinical coursework.

- Assisting with curriculum development, syllabus revision, and core academic initiatives within the Faculty of Nursing.
- Mentoring students in research methodologies, data collection, and clinical analysis related to psychiatric and mental health nursing care.
- Managing documentation and equipment calibration for INC (Indian Nursing Council) inspections to ensure institutional compliance with regulatory standards.

Examination In-Charge - Faculty of Nursing,

Integral University, Lucknow, Uttar Pradesh

- Overseeing the seamless administration and execution of internal, sessional, and university final examinations for nursing programs.
- Coordinating paper setting, evaluation schedules, and secure tabulation of academic performance data.
- Ensuring absolute compliance with university regulatory standards, resolving examination-related grievances, and maintaining rigorous academic integrity.

NAAC Accreditation Coordinator (Criteria I – Curricular Aspects)

Integral University, Lucknow, Uttar Pradesh

- Managing data collection, consolidation, and meticulous documentation for Criteria I (Curricular Aspects) for institutional NAAC accreditation.
- Focusing on curriculum planning, implementation, academic flexibility, curriculum enrichment, and structured feedback systems.
- Collaborating regularly with faculty members, departmental heads, and university IQAC cell to streamline compliance standards and ensure readiness for quality audits.

Skills & Competencies

Core Nursing & Clinical Skills

- Psychiatric Care & Mental Status Examination (MSE)
- Behavioral Therapy & Counseling Techniques
- Clinical Research & Evidence-Based Practice
- Patient Care & Clinical Supervision
- Health Education & Community Mental Health Advocacy

Institutional & Administrative Competencies

- NAAC Accreditation Process Management (Criteria I)
- Examination Infrastructure & Data Management

- Curriculum Planning & Academic Mapping
- Classroom Management & Student Mentorship
- Regulatory Compliance & Documentation (INC/UPSNC Guidelines)

Personal Attributes

- Exceptional interpersonal and empathetic communication skills.
 - Strong academic leadership and institutional organizational capability.
 - Analytical thinking and systematic data-driven problem solving.
 - Adaptability to evolving healthcare technologies and educational models.
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Languages

- English
 - Hindi
 - Urdu
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Memberships

- Lifetime Member, Trained Nurses' Association of India
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References

Prof. (Dr.) Ashfaque Khan

Director, Integral Institute of Nursing Sciences and
Research, Integral University Lucknow, U.P., India
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Email: diriahsr@iul.ac.in | info@iinsriul.ac.in

Prof. (Dr.) Annapurna C. Reddy

Professor & Vice-Dean, Faculty of Nursing, Integral University, Lucknow, U.P. India
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